PPRRR Reading Method

1. Preview:

Take some time before each class lecture material. You might be surprised how much 10 minutes of previewing will dramatically affect your level of understanding during lecture.

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2. Participate

Participate during lecture by actively listening and taking notes. Consider this time to be a time for learning not just a time for recording notes that will be studied later.

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3. READ

After each class, as soon as possible (at most, within 24 hours), review the lecture notes and read sections of the textbook that were covered in the recent lecture.

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4. RECALL

Immediately after reading each small section of the text, practice recalling that information. Research shows that we forget about 40-50% of what we read within about 15 minutes unless we take measures to recall it immediately.

5. REVIEW

Set aside time each week to review and summarize the course material

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